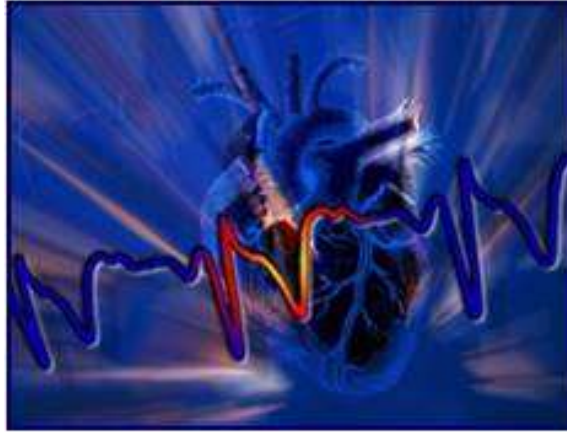




Nourishing Ways Center Seminar Series Presents:

Sex, Lies, and Cholesterol



*Does your Cholesterol level
Even matter?*

Darci Noonchester, MS, RD

Thirteen million Americans and another twelve million patients worldwide take statin drugs like Lipitor. In 2006 this category of drug sold more than \$27.8 billion. Half of those sales went to Pfizer, the maker of Lipitor – their number one selling drug. Interestingly, Pfizer's second biggest selling drug is Viagra. Could there be a connection between lower cholesterol and sexual function?

There is mounting controversy over not only the benefit of statins for cardiovascular health, but more importantly the role cholesterol plays in cardiovascular health and indeed throughout the body. Research show cholesterol is not an important predictor of heart disease as has been previously thought and in fact lowering cholesterol impairs many of the body's physiological functions vital for living a healthy life.

On Thursday evening, September 16th 2010, speaker Darci Noonchester will discuss the new emerging paradigm on cholesterol and heart disease and give you tips on how to view your cholesterol.

In this workshop, you will learn:

- **Why cholesterol may not be the culprit of heart disease as previously thought.**
- **Why statins are being implicated for a number of serious side effects such as death.**
- **The connection between sexual dysfunction and low cholesterol.**
- **A natural approach to correcting the underlying factors associated with heart disease and treating the whole person instead of just a symptom.**

Location: Inner Door Center, 317 E. 11 mile Rd. Royal Oak, MI 48067

Date: Thursday September, 16th 2010

Time: 6:30-7:30pm

Fee: FREE

Registration:

Email: ask@nourishingwayscenter.com

Seating is limited, Contact



Nourishing Ways Center to register.

Or call 248-736-2161. Please register by September 1st, 2010.

There will be 4 chances to win FREE prizes.



Darci is the owner of Nourishing Ways Center in Royal Oak since 2006. She is a functional medicine dietitian and exercise physiologist. Currently, she is continuing her education in naturopathic medicine. She has practiced as a dietitian specializing in weight loss since 2002 and practiced functional medicine for the past four years now.